

The Teo Awakening

Bringing Teo back to work and home



Feb 25 – March 2, 2010

Your Teo Guides: **David & Linda Dibble**



"Teotihuacán is one of the great spiritual power centers on Earth. It is the place where I experienced some of my most profound moments of spiritual awakening on my now nearly three decades of being on the spiritual path. For eight of those years, Linda and I were blessed to travel with and learn the power of the pyramids directly from don Miguel Ruiz, a Toltec master teacher and author of *The Four Agreements*. The experience of spiritual awakening is usually subtle but occasionally explosively expansive when the mind, momentarily, simply stops. Teo is a place to accelerate awakening both at work and at home."

– David Dibble

David and Linda have been together on the spiritual path for almost 30 years. For eight of those years they studied directly with don Miguel Ruiz, a Toltec master teacher and author of *The Four Agreements*. David has written four books including *The New Agreements in the Workplace*, *The New Agreements in Healthcare*, *DreamWork* and *CharacterTypes*, all of which speak to transformation at work and at home. Linda is a life and relationship coach who works with people to accelerate their spiritual growth through universal spiritual principles, *The Four* and *New Agreements*, *DreamWork* and *CharacterTypes*.



COST:
\$1295.00 plus airfare*
(\$1195 for past participants)

SPACE IS LIMITED
at the beautiful
Dreaming House

* Accommodations are double occupancy (if available, add \$200 for single room) provided by the beautiful Dreaming House. Trip cost includes delicious meals, transportation to and from the airport, and tickets each day to the pyramids to *experience* the path to spiritual Awakening. Not included is wait staff tip (\$50 per person) or alcoholic beverages.



For additional information and to reserve your spot, contact:
Linda at: 858-945-4881 or Linda@TheNewAgreements.com
or visit our website: **www.TheNewAgreements.com**

Journey to Teotihuacan

Feb 25-March 2, 2010

Logistics and Things to Consider For Your Journey

Note: Travel on these journeys is very safe as is the delicious food and bottled water. From the time we meet in the airport on day one, to the time we are dropped off at the airport on our departure day, the journey is designed to offer the greatest opportunity for discovery while encouraging personal responsibility and choice.

Travel: All flights should be to and from Mexico City Airport (MEX). At the airport, there are two Terminals, Terminal 1 and Terminal 2. Flying into either Terminal is fine.

Arrival Time in Mexico City: Try to arrive in Mexico City no later than 4:00 pm local time.

Departure Time from Mexico City: Try to book your return flight no earlier than 3:30 pm local time.

Transportation from the Airport to Teotihuacan (Feb 25): We will be shuttled as a group both to and from Teo. Upon arriving at the airport, we will meet in Terminal 1 at the Baron Rojo (Red Barron) restaurant. If you fly into Terminal 2, keep your boarding pass so you can board the train to Terminal 1. The group will board the shuttle for Teo at 5:45 pm. If for some reason you cannot be on the shuttle, we will arrange a cab for you at a cost of \$65.

Transportation from Teotihuacan to Airport (March 2): We will be shuttled as a group both to and from Teo. The group will board the shuttle for the airport at approximately 10:00 am. If for some reason you cannot be on the shuttle, we will arrange a cab for you at a cost of \$65.

What to Wear: We will be hiking in the pyramids. It will be cool in the morning/night and warm during the day. Wear layers. Although not expected, bring something you can put on in case of rain. Wear shoes suitable for hiking on uneven terrain. Bring something comfortable for relaxing, (optional yoga) and evening activities at the Dreaming House.

What to Bring: **PASSPORT**, a journal and pen, a hat, sunscreen, day backpack, water bottle, snacks (power bars, nuts and etc.) to take while in the

pyramids, spending money (tip, alcoholic beverages, handmade crafts/art at the Dreaming House, massages at the Dreaming House and etc.).

Meals: Breakfast served 8:00 a.m. before pyramids, bring snacks for each day at pyramids, dinner served 4:30 p.m. each day after pyramids before evening program. Beer, wine, fine tequila, and mixed drinks are available for purchase at the Dreaming House after returning from the pyramids.

Change money at the airport near from the Baron Rojo Restaurant

There is a Walmart nearby the Dreaming House if you need anything.

David and Linda's Itinerary: TBD

Contact Information in Mexico

The Dreaming House

Phone - 011 52 (594) 956-3969

Emily (speaks English) or Alberto

David and Linda will not have cell phones, please leave the Dreaming House numbers with your family members in case they need to reach you.

Please complete Participant Registration Form and return it via

Fax: 760-431-7899 or mail PO Box 2674, Rancho Santa Fe, CA 92067

Teo Journey Participant Registration Form

Please fill out the Information Sheet completely. Please print or write clearly. Thank you.

First Name _____ Last Name _____

Name you like to be called _____

Address: Street _____

City _____ State _____ Zip _____

Phone _____ Cell _____ Fax _____

e-mail (please print clearly) _____

Date of Birth _____ Dates of the Journey _____

A non-refundable deposit of \$300 is required to hold a spot. Full Payment of \$1295 (\$1195 for past participants) is due 21 days prior to departure and can be made via check or credit card. Add \$200 for single room (if available). Price does not include tip for wait and room staff (\$50 per person), alcoholic beverages or other services.

Check made payable to: New Agreements, Inc. and mailed to PO Box 2674, Rancho Santa Fe, CA 92067

Visa
 Master Card Card Number _____ Exp. Date _____
 Amex

Name of Card Holder _____ Amount \$ _____

Signature _____

Any dietary concerns? Please explain _____

Any medication you will be taking on this journey? Please explain _____

Any physical limitations that might prevent you from safely walking, hiking, or scaling stairs on the pyramids?

Please explain _____

In case of emergency, who should be contacted?

Name _____ Relationship: _____

Telephone _____ email _____

WAIVER & RELEASE:

All participation on this Journey is 100% by personal choice. A spiritual Journey can be a profound and life-changing experience. You agree to be 100% responsible for your experience, physical wellbeing and safety on this Journey. Yes, I am clear I am fully responsible for my experience on the Journey.

Please sign here _____ Date _____

Please mail completed form to: New Agreements, Inc. PO Box 2674, Rancho Santa Fe, CA 92067

or

FAX to: 760-431-7899